



# Get and Keep Your Year in Gear

Suggestions for further  
Reflection and Planning

February 2016



**DonSardella**  
Transformative Results for Life & Business

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# Towards Achieving Your Best Year Yet In 2016

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If you haven't done so already, may we suggest you invest time to consider the following questions, based on where you are now.

We particularly recommend you schedule at least one uninterrupted hour for this exercise and that you do it in writing. We'd be happy and privileged to discuss your results with you. This exercise is designed for you to make everything count, more than ever before.



## A Quick Debrief and Summary of your professional business work to date:

**01**

How is it going? What have you been able to accomplish and fulfill?

**02**

What's really working? What's not working?

**03**

What are you learning? What new insights and wisdom have you gained?

**04**

Which of your professional performance skills do you believe requires more focus?

## Your Goals & Plans for 2016, as next steps for your long-term Future:

**05** What are they exactly? In what order do you intend to accomplish them?

**06** What are the primary benefits that most motivate you to accomplish those goals?

**07** Do you consider your goals to be doable and achievable?

**08** What major challenges do you expect to encounter?

**09** How will you handle those challenges, if they occur?

**10** What do you think is most important for you to learn at this point in time?

**11** From whom and/or where can you learn this most effectively?

**12** How do you intend to think and act differently to accomplish your goals?



**Congratulations, in advance, for investing your time and energy.**

May this process serve your sense of fulfillment and the accomplishment of your goals for 2016 and beyond.

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If you have any questions, suggestions, or would like further guidelines, contact us here to schedule a **FREE 30-minute Coaching Consultation**.

We guarantee you'll gain at least one excellent idea to help you drive your profitability!